

## Recipe Unlimited to Release 2018 Fourth Quarter and Year End Results

VAUGHAN, ON, Jan. 30, 2019 /CNW/ - Recipe Unlimited Corporation (formerly Cara Operations) will be releasing 2018 fourth quarter and year-end financial results on SEDAR ([www.SEDAR.com](http://www.SEDAR.com)) after the close of markets on Wednesday, March 6, 2019.

In conjunction with the news release, Recipe has scheduled a conference call to discuss 2018 fourth quarter and year end results at 9:00 am Eastern Time on Thursday, March 7, 2019.

To access the call, please call (647) 427-7450 or 1-888-231-8191, five to ten minutes prior to the start time. Conference ID 8469689. A telephone replay of the call will be available until midnight on March 28, 2019. To access the replay, please dial (416) 849-0833 or 1-855-859-2056 and enter passcode 8469689.

### About Recipe

Founded in 1883, Recipe Unlimited Corporation (formerly Cara Operations) is Canada's oldest and largest full-service restaurant company. The Company franchises and/or operates some of the most recognized brands in the country including Swiss Chalet, Harvey's, St-Hubert, The Keg, Milestones, Montana's, Kelsey's, East Side Mario's, New York Fries, Prime Pubs, Bier Markt, Landing, Original Joe's, State & Main, Elephant & Castle, The Burger's Priest, The Pickle Barrel and 1909 Taverne Moderne.

Recipe's iconic brands have established the organization as a nationally recognized franchisor of choice. As at September 30, 2018, Recipe had 1,370 restaurants, 1,311 of which were located in Canada and the remaining 59 locations were located internationally. 85% of Recipe's restaurants are operated by franchisees and joint venture partners. Recipe's shares trade on the Toronto Stock Exchange under the ticker symbol RECP. More information about the Company is available at [www.recipeunlimited.com](http://www.recipeunlimited.com).

SOURCE Recipe Unlimited Corp.

For further information: Investor Relations: Recipe Unlimited Corporation, Ken Grondin, (905) 760-2244, Chief Financial Officer, Email: [kgrondin@recipeunlimited.com](mailto:kgrondin@recipeunlimited.com) or [investorrelations@recipeunlimited.com](mailto:investorrelations@recipeunlimited.com)

---

<https://recipeunlimited.investorroom.com/2019-01-30-Recipe-Unlimited-to-Release-2018-Fourth-Quarter-and-Year-End-Results>