

Cara Operations Unlimited

## Cara Operations Limited to Release 2016 Third Quarter Results

VAUGHAN, ON, Oct. 5, 2016 /CNW/ - Cara Operations Limited (TSX: CAO) will be releasing its financial results for the third quarter of 2016 on SEDAR ([www.SEDAR.com](http://www.SEDAR.com)) after the close of markets on Wednesday, November 9, 2016.

This release will be followed by a conference call at 9:00 am Eastern Time on Thursday, November 10th, 2016.

Mr. Bill Gregson, Chief Executive Officer and Mr. Ken Grondin, Chief Financial Officer will hold the conference call intended for investors and financial analysts to review the financial results. This conference will be followed by a question and answer period.

To access the call, please dial (647) 427-7450 or 1-888-231-8191, five to ten minutes prior to the start time (conference ID 94352753). A telephone replay of the call will be available until midnight on December 10, 2016. To access the replay, please dial (416) 849-0833 or 1-855-859-2056 and enter passcode 94352753.

### **About CARA**

Founded in 1883, Cara is Canada's oldest and largest full-service restaurant company. The Company franchises and/or operates some of the most recognized brands in the country including Swiss Chalet, St-Hubert, Harvey's, Milestones, Montana's, Kelsey's, East Side Mario's, Casey's, New York Fries, Prime Pubs, Bier Markt and Landing restaurants. As at June 26, 2016, Cara had 1,003 restaurants, 958 of which were located in Canada and the remaining 45 locations were located internationally. 88% of Cara's restaurants are operated by franchisees and 66% of Cara's locations are based in Ontario. Cara's shares trade on the Toronto Stock Exchange under the ticker symbol CAO. More information about the Company is available at [www.cara.com](http://www.cara.com).

SOURCE Cara Operations Limited

For further information: Please contact Ken Grondin, Chief Financial Officer, (905) 760-2244 or [investorrelations@cara.com](mailto:investorrelations@cara.com)

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